



Expanding the circle of “Eco Activities”

Steadily achieving what we can: the entire JR East group promotes “JR East Eco Activities” at each work place to lessen the burden on the environment in our day-to-day lives. In this section, we introduce the efforts of 16 locations within the JR East group network.



Setting “My eco-conscious behavioral objectives”

Noboru Ishikawa
Akita General Rolling Stock Center,
Akita Branch Office

To save energy and resources and to reduce waste, all employees create their own mission statement, referred to as “my eco-conscious behavioral objectives”. As a result, the environmental awareness of our employees has been activated, allowing the center’s target objectives to be revised upwards.



Recruiting ecological ideas

Tetsu Yokota
Yamagata Transportation Depot,
Sendai Branch Office

We actually put ecological ideas into practice. For instance, we created a tool for cleaning the interior of trains that allows train crews to bring trash back to the office for sorting.



Making our town beautiful

Masahiko Uchiyama
Sakata Station,
Niigata Branch Office

We are engaged in volunteer environment activities such as cleaning the vicinity of our station, including the forests, and rivers. I would like to expand this effort to include each employee’s household.



From the perspective of “construction and office lives”

Ryoko Nakano
Takasaki Construction Depot,
Joshinetsu Construction Office

We put one environment-friendly idea into practice for each construction project. A conveyor to reduce industrial waste was created from this activity. We are also working from the perspective of our day-to-day office lives.



Industrial waste collection point in prominent position

Junpei Makita
Takasaki Rolling Stock Center,
Takasaki Branch Office

We installed a prominently located collection point for the industrial waste generated by rolling stock inspections and construction. This not only increased the recycling rate, but also boosted the morals of everyone concerned.



Environment patrol keeps an eye on our activities

Toshio Oki
Nagano General Rolling Stock Center,
Nagano Branch Office

We are promoting the “3Rs”, by recycling rolling stock parts. It has taken just 3 years to achieve our objectives for the reduction of electricity, water and waste. The environment patrol keeps an eye on our activities to gain an overview of our efforts.



Introduction of “Eco-Day”

Minoru Orihara
Higashi Koganei Station,
Hachioji Branch Office

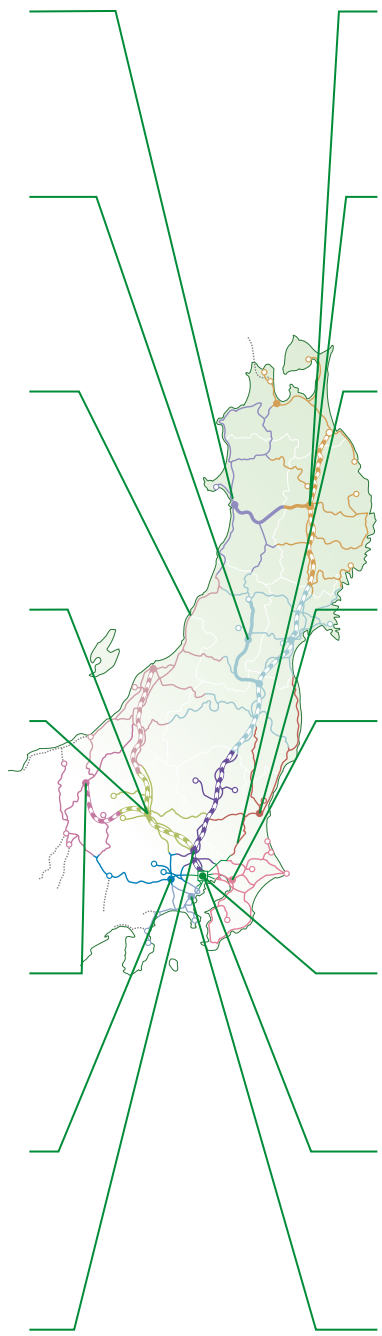
We have introduced one “Eco-Day” each month. This creates an atmosphere of getting everyone at the station involved in the activity. Mainly off-duty workers are cleaning the work place and focusing on energy saving and resource saving.



Easy separation and easy collection of waste

Tsutomu Shibata
Yoshikawa Station,
Omiya Branch Office

We made the locations of trash bins more clear and applied stickers for better separation of trash. In addition, for the temporary storage of waste we installed shelves for each waste category, resulting in smooth separation and collection of waste.



Steady and long-term activities

Kouji Miyano
Morioka Signal & Telecommunication
Technology Center, Morioka Branch Office

We are re-examining everyday work, such as gradually increasing the number of LED signals and using trains instead of automobiles to get to work places.



Horizontal development of know-how in the workplace

Tomoko Fujita
Morioka Construction Depot,
Tohoku Construction Office

We transfer the know-how we acquire in each field horizontally between different work divisions: know-how in such fields as recycling of waste from construction of bridges, prevention of noise from construction, prevention of contamination of rivers, and harmony with scenery.



It starts with voluntary awareness

Yoshihiro Fujita
Matsudo Train Driver’s Depot,
Tokyo Branch Office

We issue an ecology information bulletin. To start, we are emphasizing that the effects of global warming are our immediate concern. Some employees even volunteer to become involved in ecology promotion.



Reforming awareness of each employee

Hirokatsu Inoue
Mito Track Maintenance Technology Center,
Mito Branch Office

We are working to enhance the awareness of each employee by holding a monthly group meeting on the environment, putting up “Snippets of Eco-knowledge” in each room, even in rest rooms, and we also have an “Eco-bulletin Board”.



The most important thing is not to leave things to others

Yasuhiko Suzuki
Chiba Machinery Technology Center,
Chiba Branch Office

We were able to obtain surprising effects from the complete separation of waste. This initiative gathered momentum, further improving the spirit of our employees with more ideas for improvement. As a next step, we plan to work on energy saving.



Construction with less burden on the environment

Junya Totsuka
Research and Development Office,
Tokyo Construction Office

We first carefully examine construction sites and then endeavor to come up with a construction process with the least burden on the environment. We share the information and awareness with the rest of our team in proceeding with the construction work.



Attending meetings with your computer

Masayuki Kitano
Tokyo Electrical Construction & System Integration Office

We are promoting paperless offices, in ways such as separation of trash from offices and re-using the reverse side of copy paper. All employees bring their own computers to meetings, eliminating the need to distribute paper documents.



My bag and my chopsticks campaign

Toshiyuki Tatewaki
Yako Conductor’s Depot,
Yokohama Branch Office

We distributed re-usable eco-bags to all employees, thereby reducing the use of plastic bags. We are also working on complete separation of waste. We introduce these efforts in our “Eco-Newspaper”. We plan to start a “My Chopsticks” campaign in which employees use their own chopsticks instead of disposable ones.